



Patient Preparation for Nuclear Medicine Procedures

Bone Scan- Patient does not have to fast, but will be asked to drink extra fluids. This exam. We will also need copies of any x-rays over the area(s) of concern.

Cardiac Scan- Patient must be fasting (NPO) after midnight on the day of the exam (Diabetics May have A small meal (Such as juice and toast if needed)). **No COFFEE, TEA or CAFFEINATED SODA** in any form. No chocolates, including candies, frosting, cookies, pies, cocoa, or chocolate milk. No aspirin products that contain caffeine, such as Anacin and Excedrin. No Persantine, Theophylline, or Theophylline containing drugs (such as Constant-T Primatene, Quibron, Slo-Phyllin, or Theo-Dur.). **No Nicotine Products** the day of the test, (Cigarettes or chew). If the patient has consumed any of these items, the referring physician must be notified prior to beginning the exam. It is recommended that the patient should be rescheduled for another date after discontinuing use of these items. This decision is however up to the physician.

****All other meds including cardiac specific meds should be taken as your physician specified.****

- **Please** bring a list of your prescription medications with you.
 - To obtain an optimum EKG tracing during the stress portion of this exam, the patient should not apply any lotion or powder to their chest.
 - If you are doing a treadmill stress you will need to wear comfortable clothing, and shoes you can wear to walk/run on the treadmill.

Gastric Empty- Patient must be fasting (NPO) after midnight on the day of the exam. No medications for stomach can be taken for 24 hours prior to the exam (omeprazole, tums, Prilosec etc.....).

HIDA Scan- Patient must be fasting (NPO) after midnight on the day of the exam. Patient must not be taking any pain medications that are opiate derivatives (i.e. Demerol, Morphine etc.) a minimum of 6 -8 hours prior to the exam.

Liver/Spleen - There is NO patient preparation needed.

Meckel's Scan- Patient must be fasting (NPO) after midnight on the day of the exam.

G.I. Bleed- There is NO patient preparation needed. The Patient should be actively bleeding.

Renal Scan- The patient will need to be well hydrated. They should drink at least Two 8oz. glasses of water in the morning before their exam. If the exam is for hypertension all blood pressure medications should be discontinued after midnight on the day of the exam. This should be checked with the ordering physician (Some patients the doctors do not want the patient holding their blood pressure medication).

Patients Name _____ **Has an appointment for a** _____

On _____ **20** _____ **TIME** _____ **AM PM AT** _____

***** All exams require ordering in a radiopharmaceutical. If you need to cancel please give us as much notice as possible. ** Office Phone # (208)237-0977 Fax # (208)237-0985**

Thank-You for letting us be a part of your care!!!